

Distinguished Scientist Award

Society of Behavioral Medicine



Dr. Kim L. Lavoie. PhD, FCPA, FABMR

Professor, Université du Québec à Montréal

Department of Psychology

Canada Research Chair (Tier 1) in Behavioural Medicine



The Society of Behavioral Medicine's Distinguished Scientist Award is awarded to recognize excellence in total career achievement. Nominees must have achieved scholarly distinction, i.e., made a series of distinguished empirical contributions or contributed substantially to the development of new theories or methods.

Dr. Lavoie was recognized for her outstanding work in the areas of stress and chronic disease, COVID-19 prevention, and behavioural intervention methods and trials. Her contributions to training were also noted, through her co-founding and co-leading the International Behavioural Trials Network (IBTN), and the Canadian Behavioural Interventions and Trials Network (CBITN), with Dr. Simon Bacon. Both networks strive to enhance training and capacity for conducting high quality behavioural intervention trials.

Dr. Lavoie is an internationally recognized expert in motivational communication. She currently holds multiple grants in the area of motivational communication training and efficacy for behaviour change in chronic disease.

Dr. Lavoie is also co-director of the Montreal Behavioural Medicine Centre and a researcher in the Chronic Disease Research Division at Hôpital du Sacré-Coeur de Montréal. She is a Full Professor in the Department of Psychology at Université du Québec à Montréal and an Adjunct Professor of Medicine at University of Montreal. She is also the Chair of the Canadian Network for Health Behaviour Change and Promotion (CAN-Change) and an active member of the CHEP recommendation panel (Adherence Subcommittee).



**SOCIETY OF
BEHAVIORAL
MEDICINE**

Slide presentation at the Society of Behavioral Medicine's 45th Annual Meeting and Scientific Sessions held on March 13-16, 2024, in Philadelphia, PA

